

Nutrition Education Goal 3

<p>GOAL 3: Nutrition education shall be a District-wide priority and shall be integrated into other areas of the curriculum, as appropriate.</p>	
<p>Objective 1: The district will evaluate the use of nutrition education resources into other content areas.</p>	
Action Steps	Methods for Measuring Implementation
<ul style="list-style-type: none"> • Evaluate Pre-Campus Wellness Survey to identify the current integration of nutrition education into other areas of the curriculum, such as math, science, language arts, and social studies when appropriate. • FBISD Health and Physical Education Department will develop and post curriculum At-At-A-Glance documents on the internal Health and Physical Education website to facilitate nutrition education delivery in the physical education and classroom setting. • FBISD Health and Physical Education Department will identify and offer appropriate nutrition education professional development to all Health and PE teachers. • Child Nutrition staff will receive appropriate professional development training throughout the year. 	<p>Baseline or benchmark data points:</p> <ul style="list-style-type: none"> • Lesson plans • Annual Campus Wellness Committee Report <p>Resources needed:</p> <ul style="list-style-type: none"> • Health and Physical Education website • Health and Physical Education curriculum • Professional development for Child Nutrition Department staff and Campus Coordinated School Health Team <p>Obstacles:</p> <ul style="list-style-type: none"> • Access to resources • Staff attrition